

Activities - October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:30 1 Strength Exercise 11:30 World Space Week : Craft and Science  1:30 Music Bingo	Rosh HaShanah r 2 10:30 Apples and  blessing 11:30 Judaism in the world 1:30 Balloon Volley	10:30 Armchair 3 Travel : Iraq 11:30 Exercise 1:30 Name that Tune	4 World Animal Day 10:30 Trivia 11:30 Zumba 1:30 Animal art	World Teachers 5 Day 
	6 Music with Casey 2 pm	10:30 Puzzle Tree 7 Art & Table centers 11:30 exercise 1:30 Bingo	10:30 Emily Carr 8 Inspired art 11:30 Discussion 1:30 BC Bands Name that tune	10:30 Fall 9 Decorating 11:30 Crossword 1:30 Reading Group	10:30 Baking 10 Club, Cheddar 11:30 Exercise 1:30 Resident Council Tea	11 10:30 Sudoku 11:30 Zumba 1:30 Happy Hour Social
13 Church 10 am	 14 12:30 Thanksgiving Lunch * 10 spaces available	10:30 15 Strength Exercise 11:30 Minute to win it 1:30 Music Bingo	10:30 16 Oktoberfest 11:30 Pretzels and Trivia 1:30 Beer Tasting	17 10:30 Armchair travel - Alaska 11:30 Polar Bear Art 1:30 Puzzle Table	10:30 Chocolate 18 Cupcake Day decorating 11:30 Zumba 1:30 Reading Group	19
20 Music with 2 amongst Friends 1:30 pm	10:30 Emu Art 21 & Australia trivia 11:30 exercise 1:30 Bingo	22 10:30 Curling 11:30 Fall Trivia 1:30 Name that Tune	Boston Cream 23 Pie Day 10:30 Baking club 11:30	24 10:30 Armchair Travel Zambia 11:30 Jeopardy 1:30 Sing a long	25 10:30 Rhythm time 11:30 Zumba 1:30 Happy Hour - Beer	26 Music with Sadie 2pm
27 Celebrate your Grandparent  Day	28 10:30 Clay Mosaics 11:30 exercise 1:30 Bingo	29 10:30 Halloween Trivia 11:30 Pumpkin Art 1:30 Music Bingo	30 10:30 Black Cat Craft 11:30 Superstitions 1:30 Picture Bingo	Halloween 31 10:30 Games  11:30 Dress up and Parade 1:30 spooky movie		

