

"Indian Horse"

6:00 Board Games

**1:00** Jacko

2:00 Resident Meeting

"We Were Children"

Orange Shirt Day **National Day for Truth and Reconciliation** 

3:00 Documentary:

6:00 Board Games



## September 2024





		A THE PARTY OF THE	,						-	No. of the second second		WEST SHOKE VILLAGE	•
Sunday	1	Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday 6	6	Saturday	7
<b>10:00</b> Stand & Fit (Josh)	(MR)	<b>10:00</b> Stand & Fit (Josh)	(MR)	9:45 Strength & Stretch (Leah)	(MR)	9:30 Java Group	(L)	9:45 Balance & Core (Leah)	(MR)	<b>10:00</b> Stand & Fit (Josh) (M	1R) :	<b>10:00</b> Stand & Fit (Josh)	(MR)
2:00 Movie Matinee:	(TH)	1:00 Tuck Shop Open	(TS)	2:00 Documentary:	(TH)	10:00 Weighted Exercises (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (T	TS)	2:00 Movie Matinee:	(TH)
"Blended"		<b>1:00</b> Jacko	(MR)	"Simone Biles Rising:		1:00 Tuck Shop Open	(TS)	<b>6:00</b> Board Games	(MR)	1:00 Knitting Crew (M	1R)	"Charlie and the Chocolate Fac	ctory"
2:00 Music with Mervin	(MR)	6:00 Board Games	(MR)	Write me Down in History"		<b>1:00</b> Bingo	(MR)			3:30pm-5:30pm Pub Happy Hour (VP)		2:00pm-4:00pm Pub Happy Ho	ur (VP)
<b>6:00</b> Board Games	(MR)			6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hou	ır (VP)			6:00 Board Games (M	1R)	6:00 Board Games	(MR)
						<b>6:00</b> Board Games	(MR)			<b>6:30</b> Movie Night: (T	ГН)		
								FIRE		"Charlie and the Chocolate Factory"			
		Labour Day						Monthly Fire Alarm Testing					
Sunday	8	Monday	9	Tuesday	10	Wednesday	11	Thursday	12	Friday 18	3	Saturday	14
10:00 Mobility Exercises (Livia)	(MR)	10:00 Chair Zumba (Livia)	(MR)	9:45 Strength & Stretch (Leah)	(MR)	9:30 Java Group	(L)	9:45 Balance & Core (Leah)	(MR)	<b>10:00</b> Stand & Fit (Josh) (M	1R)	<b>10:00</b> Stand & Fit (Josh)	(MR)
Grandparents Day Brunch		1:00 Tuck Shop Open	(TS)	2:00 Documentary:	(TH)	10:00 Chair Yoga (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (T	TS)	2:00 Movie Matinee:	(TH)
<b>During Regular Seating Times (</b>	(DR)	<b>1:00</b> Jacko	(MR)	"Simone Biles Rising:		1:00 Tuck Shop Open	(TS)	2:00 Bocce Ball	(VL)	1:00 Knitting Crew (M	1R)	"Once Upon a Time in the W	/est"
2:00 Movie Matinee:	(TH)	6:00 Board Games	(MR)	I will not be Broken" 🦼		<b>1:00</b> Bingo	(MR)	<b>6:00</b> Board Games	(MR)	3:30pm-5:30pm Pub Happy Hour (VP)		2:00pm-4:00pm Pub Happy Ho	ur (VP)
"Charlie and the Chocolate Fact	ory"			2:00 Blood Presure Clinic	(MR)	3:30pm-5:30pm Pub Happy Hou	ır (VP)			<b>6:00</b> Board Games (M	1R)	2:00 Sing-a-Long Group	(MR)
<b>6:00</b> Board Games	(MR)			<b>6:00</b> Board Games	(MR)	<b>6:00</b> Board Games	(MR)			<b>6:30</b> Movie Night: (T	ГН)	6:00 Board Games	(MR)
Grandparents Day										"Once Upon a Time in the West"			
Sunday	15	Monday	16	Tuesday	17	Wednesday	18	Thursday	19	Friday 20	0	Saturday	21
10:00 Mobility Exercises (Livia)	(MR)	10:00 Ball & Band Exercises (Livia)	(MR)	9:45 Strength & Stretch (Leah)	(MR)	9:30 Java Group	(L)	9:30am - 11:30am	<b>∼</b>	<b>10:00</b> Stand & Fit (Josh) (M	1R) :	<b>10:00</b> Stand & Fit (Josh)	(MR)
1:30 Open Painting	(MR)	1:00 Tuck Shop Open	(TS)	Western Themed Lunch		10:00 Weighted Exercises (Livia)	(MR)	Walmart/Westshore Mall	M	1:00 Tuck Shop Open (T	TS)	2:00 Movie Matinee:	(TH)
2:00 Movie Matinee:	(TH)	<b>1:00</b> Jacko	(MR)	During Regular Seatings (DR)		1:00 Tuck Shop Open	(TS)	9:45 Balance & Core (Leah)	(MR)	1:00 Knitting Crew (M	1R)	"The Greatest Night in Pop	p"
"Once Upon a Time in the West"		2:00 Documentary:	(TH)	2:00 Line Dancing	(MR)	1:00 Bible Study	(L)	1:00 Rummikub	(MR)	3:30pm-5:30pm Pub Happy Hour (VP)		2:00pm-4:00pm Pub Happy Ho	ur (VP)
<b>6:00</b> Board Games	(MR)	"My Heroes were Cowboys'	"	Special Pub Happy Hour		<b>1:00</b> Bingo	(MR)	September Birthday Tea		<b>6:00</b> Board Games (M	1R)	6:00 Board Games	(MR)
		6:00 Board Games	(MR)	3:30pm-5:30pm (VP)		3:30pm-5:30pm Pub Happy Hou	ır (VP)	2:00pm - 3:00pm	6	6:30 Movie Night: (T	ГН)		
				6:00 Board Games	(MR)			with Trounce Alley Quartet	1	"The Greatest Night in Pop"			
				Special Movie Night: "True Grit	t"			6:00 Board Games	(MR)				
				6:30pm-8:00pm (VP)									
Sunday	22	Monday	23	Tuesday	24	Wednesday	25	Thursday	26	Friday 27	7	Saturday	28
10:00 Mobility Exercises (Livia)	(MR)	10:00 Chair Zumba (Livia)	(MR)	9:45 Strength & Stretch (Leah)	(MR)	9:30 Java Group	(L)	9:45 Balance & Core (Leah)	(MR)	<b>10:00</b> Stand & Fit (Josh) (M	1R) :	<b>10:00</b> Stand & Fit (Josh)	(MR)
Complimentary Hearing Aid Clinic v	with Ajit	1:00 Tuck Shop Open	(TS)	2:00 Documentary:	(TH)	10:00 Chair Yoga (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (T	TS)	2:00 Movie Matinee:	(TH)
1:00pm - 2:30pm (MR)	$\frac{1}{2}$	<b>1:00</b> Jacko	(MR)	"Yogi Berra - it Ain't Over"		1:00 Tuck Shop Open	(TS)	6:00 Board Games	(MR)	1:00 Knitting Crew (M	1R)	"Indian Horse"	
2:00 Movie Matinee:	(TH)	2:00 Culinary Meeting	(MR)	2:00 Music Bingo	(MR)	<b>1:00</b> Bingo	(MR)			3:30pm-5:30pm Pub Happy Hour (VP)		2:00pm-4:00pm Pub Happy Ho	ur (VP)
"The Greatest Night in Pop"	"	6:00 Board Games	(MR)	6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hou	ır (VP)			6:00 Board Games (M	1R)	6:00 Board Games	(MR)
<b>6:00</b> Board Games	(MR)					Burger and Brew	Er			<b>6:30</b> Movie Night: (T	ГН)		
						4:30pm-6:00pm in the Village	Pub			"Indian Horse"			
First Day of Fall	₹					6:00 Board Games	(MR)						
Sunday	29	Monday	30			_	,•	<b>T</b> 7		^	· <u> </u>	~~~ · · · · ·	
10:00 Mobility Exercises (Livia)	(MR)	10:00 Ball & Band Exercises (Livia)	(MR)			Lo	ocation	Key	7	Sign Up Sheets	1	Village Pub	
2:00 Movie Matinee:	(TH)	1:00 Tuck Shop Open	(TS)			NAD NA III	TI		L	You will see a star beside the		Happy Hour	II
Utandia a transali		1:00	/B 4 E \		MR - Multipurpose Room TH - Theatre								



(MR)

(DR)

(TH)

(MR)

MR - Multipurpose Room TH - Theatre TS - Tuck Shop DR - Dining Room FL - Fireside Lounge VL - Village Lobby P - Back Patio LL - Lodge Lobby VC - Village Courtyard VP - Village Pub CF - Cafe L - Library



activity or outing on this calendar if sign-up is required. Activities binder is located by Village elevator.



Open every Wednesday & Friday at 3:30pm-5:30pm Saturdays 2:00pm-4:00pm