



# September 2024



Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
<b>10:00</b> Stand & Fit (Josh) (MR) <b>2:00</b> Movie Matinee: "Blended" (TH) <b>2:00</b> Music with Mervin (MR) <b>6:00</b> Board Games (MR)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Jacko (MR) <b>6:00</b> Board Games (MR)	<b>9:45</b> Strength & Stretch (Leah) (MR) <b>2:00</b> Documentary: "Simone Biles Rising: Write me Down in History" (TH) <b>6:00</b> Board Games (MR)	<b>9:30</b> Java Group (L) <b>10:00</b> Weighted Exercises (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Bingo (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR)	<b>9:45</b> Balance & Core (Leah) (MR) <b>1:00</b> Rummikub (MR) <b>6:00</b> Board Games (MR)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Knitting Crew (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR) <b>6:30</b> Movie Night: "Charlie and the Chocolate Factory" (TH)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>2:00</b> Movie Matinee: "Charlie and the Chocolate Factory" (TH) <b>2:00pm-4:00pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR)
	Labour Day			Monthly Fire Alarm Testing		
<b>10:00</b> Mobility Exercises (Livia) (MR) <b>Grandparents Day Brunch</b> During Regular Seating Times (DR) <b>2:00</b> Movie Matinee: "Charlie and the Chocolate Factory" (TH) <b>6:00</b> Board Games (MR)	<b>10:00</b> Chair Zumba (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Jacko (MR) <b>6:00</b> Board Games (MR)	<b>9:45</b> Strength & Stretch (Leah) (MR) <b>2:00</b> Documentary: "Simone Biles Rising: I will not be Broken" (TH) <b>2:00</b> Blood Pressure Clinic (MR) ★ <b>6:00</b> Board Games (MR)	<b>9:30</b> Java Group (L) <b>10:00</b> Chair Yoga (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Bingo (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR)	<b>9:45</b> Balance & Core (Leah) (MR) <b>1:00</b> Rummikub (MR) <b>2:00</b> Bocce Ball (VL) <b>6:00</b> Board Games (MR)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Knitting Crew (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR) <b>6:30</b> Movie Night: "Once Upon a Time in the West" (TH)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>2:00</b> Movie Matinee: "Once Upon a Time in the West" (TH) <b>2:00pm-4:00pm</b> Pub Happy Hour (VP) <b>2:00</b> Sing-a-Long Group (MR) <b>6:00</b> Board Games (MR)
<b>10:00</b> Mobility Exercises (Livia) (MR) <b>1:30</b> Open Painting (MR) <b>2:00</b> Movie Matinee: "Once Upon a Time in the West" (TH) <b>6:00</b> Board Games (MR)	<b>10:00</b> Ball & Band Exercises (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Jacko (MR) <b>2:00</b> Documentary: "My Heroes were Cowboys" (TH) <b>6:00</b> Board Games (MR)	<b>9:45</b> Strength & Stretch (Leah) (MR) <b>Western Themed Lunch</b> During Regular Seatings (DR) <b>2:00</b> Line Dancing (MR) <b>3:30pm-5:30pm</b> Special Pub Happy Hour (VP) <b>6:00</b> Board Games (MR) <b>6:30pm-8:00pm</b> Special Movie Night: "True Grit" (VP)	<b>9:30</b> Java Group (L) <b>10:00</b> Weighted Exercises (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Bible Study (L) <b>1:00</b> Bingo (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP)	<b>9:30am - 11:30am</b> Walmart/Westshore Mall ★ <b>9:45</b> Balance & Core (Leah) (MR) <b>1:00</b> Rummikub (MR) <b>September Birthday Tea</b> <b>2:00pm - 3:00pm</b> with Trounce Alley Quartet <b>6:00</b> Board Games (MR)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Knitting Crew (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR) <b>6:30</b> Movie Night: "The Greatest Night in Pop" (TH)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>2:00</b> Movie Matinee: "The Greatest Night in Pop" (TH) <b>2:00pm-4:00pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR)
<b>10:00</b> Mobility Exercises (Livia) (MR) <b>Complimentary Hearing Aid Clinic with Ajit</b> <b>1:00pm - 2:30pm</b> (MR) ★ <b>2:00</b> Movie Matinee: "The Greatest Night in Pop" (TH) <b>6:00</b> Board Games (MR)	<b>10:00</b> Chair Zumba (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Jacko (MR) <b>2:00</b> Culinary Meeting (MR) <b>6:00</b> Board Games (MR)	<b>9:45</b> Strength & Stretch (Leah) (MR) <b>2:00</b> Documentary: "Yogi Berra - it Ain't Over" (TH) <b>2:00</b> Music Bingo (MR) <b>6:00</b> Board Games (MR)	<b>9:30</b> Java Group (L) <b>10:00</b> Chair Yoga (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Bingo (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>Burger and Brew</b> <b>4:30pm-6:00pm</b> in the Village Pub <b>6:00</b> Board Games (MR)	<b>9:45</b> Balance & Core (Leah) (MR) <b>1:00</b> Rummikub (MR) <b>6:00</b> Board Games (MR)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Knitting Crew (MR) <b>3:30pm-5:30pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR) <b>6:30</b> Movie Night: "Indian Horse" (TH)	<b>10:00</b> Stand & Fit (Josh) (MR) <b>2:00</b> Movie Matinee: "Indian Horse" (TH) <b>2:00pm-4:00pm</b> Pub Happy Hour (VP) <b>6:00</b> Board Games (MR)
First Day of Fall						
<b>10:00</b> Mobility Exercises (Livia) (MR) <b>2:00</b> Movie Matinee: "Indian Horse" (TH) <b>6:00</b> Board Games (MR)	<b>10:00</b> Ball & Band Exercises (Livia) (MR) <b>1:00</b> Tuck Shop Open (TS) <b>1:00</b> Jacko (MR) <b>2:00</b> Resident Meeting (DR) <b>3:00</b> Documentary: "We Were Children" (TH) <b>6:00</b> Board Games (MR)		<b>Location Key</b> MR - Multipurpose Room TH - Theatre DR - Dining Room TS - Tuck Shop FL - Fireside Lounge VL - Village Lobby P - Back Patio LL - Lodge Lobby VP - Village Pub VC - Village Courtyard CF - Cafe L - Library		★ <b>Sign Up Sheets</b> You will see a star beside the activity or outing on this calendar if <u>sign-up is required</u> . Activities binder is located by Village elevator.	<b>Village Pub Happy Hour</b> Open every Wednesday & Friday at 3:30pm-5:30pm Saturdays 2:00pm-4:00pm
Orange Shirt Day	National Day for Truth and Reconciliation					