The Peninsula September 2024 Activity Calendar



						BOUTIQUE SENIOR LIVING
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30am - Worship Service 1:30pm - Movie Matinee Netflix- Monk S2 3 & 4	Labour Day 2 11am – Shuffleboard 11am - Adult Colouring 1:30pm - Tai Chi with Adrian	10am - Exercise Class 3 with Andrea 3:30pm - Scenic Bus Drive	10am - Chair Yoga 4	10am - Chair Zumba 5 2pm - Knit & Chat - 2FGP 1:30pm - Bingo 3:30pm - Scrabble	1:30pm - Exercise 6 Class with Deron 3pm -Mexican Train Dominoes	1:30pm - Movie Matinee 7 DVD Title: "Brooklyn"
10:30am - Worship 8 Service 1:30pm – Movie Matinee Netflix- Monk S2 5 & 6	11am – Shuffleboard 9 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am- Grocery Shuttle Return Pickup at 11:30am 10am - Exercise Class with Andrea 6:45pm – Evening Entertainment by Stan Davis	10am - Chair Yoga 11 1:30pm - Bingo 5pm - Country Western Theme Dinner	11am – J.O.Y Group 12 Outing to: Fireside Grill 11:30am – Bob Williamson on Piano 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 3:30pm – Scrabble	10:30am- Men's 13 Outing to: Stonehouse Pub 1:30pm - Exercise Class with Deron 3pm - Dominoes	1:30pm - Movie 14 Matinee DVD Title: "The Best Showman"
10:30am - Worship 15 Service 1:30pm – Movie Matinee Netflix- Monk S2 7 & 8	10am- Guest Speaker Dean 16 Mills Topic: Leatherback Turtle 11am – Shuffleboard 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am - Exercise Class 17 with Andrea 2pm- Peninsula Resident Birthday Tea Entertainment by Vic G	10am - Chair Yoga 18 1:30pm - Bingo	1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 2:30pm - Men's Coffee Chat 3:30pm - Scrabble	1:30pm - Exercise 20 Class with Deron 3pm - Mexican Train Dominoes	1:30pm - Movie 21 Matinee DVD Classic Title: "Young Man with a Horn"
10:30am - Worship 22 Service 1:30pm - Movie Matinee Netflix- Monk S2 9 & 10	11am – Shuffleboard 23 11am - Adult Colouring 1:30pm - Tai Chi with Adrian	10am – Hillside Mall Return Pick up at 1:30pm 10am - Exercise Class with Andrea 2pm - Music with Maudie	10am - Chair Yoga 25	10am- Grocery Shuttle Return Pickup at 11:30am 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble 5pm - Oktoberfest Theme Dinner	1:30pm – P.A.T.S. Visit 27 with Karen & Stella 1:30pm - Exercise Class with Deron 3pm – Dominoes	1:30pm - Movie 28 Matinee DVD Title: "The Proposal"
10:30am - Worship 29 Service 1:30pm – Movie Matinee Netflix- Monk S2 11 & 12	11am – Shuffleboard 30 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	Trillium	The Peninsula Self-Ser Fireside Coffee Bar Open Daily from 11am - 3p Cookies Available at 1pm	m Chartes)	FSL: F	Location Key SDR: Main Street Dining Room Fireside Lounge 2FL: Second Floor Library GR: Second Floor Games Room SP: Side Patio s will take place in the Side Street Dining Room unless otherwise noted.