The Peninsula August 2024 Activity Calendar



		BOUTIQUE SENIOR LIVING				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Trillium	The Peninsula Self-Serv Fireside Coffee Bar Open Daily from 11am - 3pn Cookies Available at 1pm	FSL: Fi	Location Key DR: Main Street Dining Room reside Lounge 2FL: Second Floor Library R: Second Floor Games Room SP: Side Patio will take place in the Side Street Dining Room unless otherwise noted.	1:30pm - Chair Zumba 1 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	11am - Active Minds 2 1:30pm - Exercise with Deron 2pm - 2:30pm - Ice Cream Treats Available 3:30pm - Dominoes	1:30pm - Movie Matinee 3 Netflix Title: The Lighthouse of the Orcas
10:30am - Worship 4 Service 1:30pm – Movie Matinee Netflix- Monk S1 5 & 6	B.C Day Holiday 5 11am - Shuffleboard 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 5pm - B.C Day Theme Dinner	10am- Grocery Shuttle Return Pickup at 11:30am 10am - Exercise Class with Andrea 6:45pm – Evening Entertainment by Jesse Brown	10am - Chair Yoga 7 1:30pm - Bingo	1:30pm - Chair Zumba 8 2pm - Patio Entertainment by the K-Tones 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	1:30pm - Exercise 9 with Deron 3:30pm - Dominoes	1:30pm - Movie 10 Matinee Netflix Title: Walk. Ride. Rodeo
10:30am - Worship 11 Service 1:30pm – Movie Matinee Netflix- Monk S1 7 & 8	11am – Shuffleboard 12 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am - Exercise Class with Andrea 2pm- Peninsula Resident Birthday Tea Entertainment by Gypsy Rovers	10am - Chair Yoga 14 1:30pm – Bingo	11:30am – Piano Entertainment by Bob Williamson 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 2:30pm – Men's Coffee Chat 3:30pm – Scrabble	10:30am- Men's Outing 16 to: Mary's Bleue Moon 11am - Active Minds 1:30pm - Exercise with Deron 2pm - 2:30pm - Ice Cream Treats Available 3:30pm - Dominoes	1:30pm - Movie 17 Matinee Netflix Title: After the Sunset
10:30am - Worship Service 1:30pm – Movie Matinee Netflix- Monk S1 9 & 10	11am – Shuffleboard 19 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Mexican Train Dominoes	10am - Exercise Class 20 with Andrea 2pm - Music with Maudie 3:30pm - Scenic Bus Drive	10am - Chair Yoga 21 1:30pm – Bingo	10:30am – J.O.Y Group 22 Outing to: Mary's Bleue Moon 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 3:30pm – Scrabble	1:30pm - Exercise Class with Deron 3:30pm - Dominoes	1:30pm - Movie 24 Matinee Netflix Title: The Long Game
10:30am - Worship 25 Service 1:30pm - Movie Matinee Netflix- Monk S1 7 & 8	11am – Shuffleboard 26 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am – Mayfair Mall 27 Return Pick up at 1:30pm 10am - Exercise Class with Andrea	10am - Chair Yoga 28 1:30pm - Bingo 5pm - West Coast Theme Dinner	10am- Grocery Shuttle 29 Return Pickup at 11:30am 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR	10am - Evacuation Drill Question and Answer Session Following the Drill 1:30pm - Exercise Class with Deron 1:30pm - P.A.T.S. Visit with Karen & Stella	1:30pm - Movie 31 Matinee YouTube Title: On Golden Pond

3:30pm - Scrabble

3:30pm - Dominoes