

Norgarden August 2024 Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Teatime 2pm Daily</p>					
<p>10am - Worship Service 4</p>	<p>B.C Day Holiday 5</p> <p>10am - Exercise Class</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p> <p>5:15pm - B.C Day Theme Dinner</p>	<p>10am - Grocery Shuttle 6 Return Pickup at 11:30am</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p>	<p>11am - Chair Yoga 7</p> <p>1pm - Bingo</p>	<p>11am - Exercise Class 8</p> <p>1:30pm - Crafts</p>	<p>10am -12pm - Knit and Chat 9</p> <p>12:45pm - TRIVIA</p> <p>2pm - Knights and Ladies Choir</p>	<p>1pm - 2pm Table Games - Resident Led 3</p>
<p>10am - Worship Service 11</p>	<p>10am - Exercise Class 12</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 13</p> <p>2:15pm - Social Cribbage</p>	<p>2pm- Norgarden Resident Birthday Tea 14 Entertainment by the Gypsy Rovers</p>	<p>11am - Exercise Class 15</p> <p>1:30pm - Crafts</p> <p>2:30pm - Men's Coffee Chat</p>	<p>10am -12pm - Knit and Chat 16</p> <p>10:30am- Men's Outing to: Mary's Bleue Moon</p> <p>1pm - TRIVIA</p> <p>2pm - 2:30pm - Ice Cream Treats Available</p>	<p>1pm - 2pm Table Games - Resident Led 17</p>
<p>10am - Worship Service 18</p>	<p>10am - Exercise Class 19</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 20</p> <p>2:15pm - Social Cribbage</p> <p>3:30pm - Scenic Bus Drive</p>	<p>11am - Chair Yoga 21</p> <p>1pm - Bingo</p>	<p>10:30am - J.O.Y Group 22 Outing to: Mary's Bleue Moon</p> <p>11am - Exercise Class</p> <p>1:30pm - Crafts</p>	<p>10am -12pm - Knit and Chat 23</p> <p>1pm - TRIVIA</p>	<p>2pm-Entertainment by the K-Tones 24</p>
<p>10am - Worship Service 25</p>	<p>10am - Exercise Class 26</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>10am - Mayfair Mall 27 Return Pick up at 1:30pm</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p>	<p>11am - Chair Yoga 28</p> <p>1pm - Bingo</p> <p>5:15pm - West Coast Theme Dinner</p>	<p>10am- Grocery Shuttle 29 Return Pickup at 11:30am</p> <p>11am - Exercise Class</p> <p>1:30pm - Crafts</p>	<p>11:30am - Evacuation Drill 30 Question and Answer Session Following the Drill</p> <p>10am -12pm - Knit and Chat</p> <p>1pm - TRIVIA</p> <p>2pm - P.A.T.S. Visit with Karen & Stella</p>	<p>1pm - 2pm Table Games - Resident Led 31</p>