










July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  <i>Canada Day BBQ</i>	2 9:30 MANICURES 11:00 Yoga Stretch 1:30 Entertainment 3:00 Bingo	3 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts <i>2:30 BUILD YOUR OWN SUNDAE</i> 3:00 Glorious Gardeners	4 9:30 Reading circle 11:00 Yoga Stretch 1:30 Word Games 2:30 Happy Hour	5 9:30 Reflections 11:00 Jive to Thrive 1:30 Walks 3:00 Music Memory	6 2:30 Ice Cream Saturday 
7 11:00 Utube Church Service <i>HAPPY BIRTHDAY PAT C.</i> 	8 9:30 Reading in the garden 11:00 Tai Chi 1:30 Walks 3:00 Hymn Sing	9 9:30 MANICURES 11:00 Yoga Stretch 1:30 Entertainment 3:00 Bingo	10 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts <i>2:30 BUILD YOUR OWN SUNDAE</i> 3:00 Glorious Gardeners	11 9:30 Reading circle 11:00 Yoga Stretch 1:30 Word Games 2:30 Happy Hour	12 9:30 Reflections 11:00 Jive to Thrive 1:30 Walks 3:00 Music Memory	13 2:30 Ice Cream Saturday 
14 11:00 Utube Church Service	15 9:30 Reading in the garden 11:00 Tai Chi 1:30 Walks 3:00 Hymn Sing	16 9:30 MANICURES 11:00 Yoga Stretch 1:30 Entertainment 3:00 retro tv shows	17 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts <i>2:30 BUILD YOUR OWN SUNDAE</i> 3:00 Glorious Gardeners	18 9:30 Reading circle 11:00 Yoga Stretch 1:30 Word Games 2:30 Happy Hour	19 9:30 Reflections 11:00 Jive to Thrive 1:30 Walks 3:00 Music Memory	20 2:30 Ice Cream Saturday 
21 11:00 Utube Church Service	22 9:30 Reading in the garden 11:00 Tai Chi 1:30 Walks 3:00 Hymn Sing	23 9:30 MANICURES 11:00 Yoga Stretch 1:30 Entertainment 3:00 Bingo	24 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts <i>2:30 BUILD YOUR OWN SUNDAE</i> 3:00 Glorious Gardeners	25 9:30 Reading circle 11:00 Yoga Stretch 1:30 Word Games 2:30 Happy Hour	26 9:30 Reflections 11:00 Jive to Thrive 1:30 Walks 3:00 Music Memory	27 2:30 Ice Cream Saturday 
28 11:00 Utube Church Service	29 9:30 Reading in the garden 11:00 Tai Chi 1:30 Walks 3:00 Hymn Sing	30 9:30 MANICURES 11:00 Yoga Stretch 1:30 Entertainment <i>2:30 Birthday Party - AR</i> 3:00 Bingo	31 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts <i>2:30 BUILD YOUR OWN SUNDAE</i> 3:00 Glorious Gardeners	 <i>Happy Canada Day!</i>	 <i>Happy Canada Day!</i>	 <i>Happy Canada Day!</i>