

# Peninsula July 2024 Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>CANADA DAY</b> 10:30am - Worship Service 7 1:30pm - Movie Matinee Netflix- Cable Girls S1 1 & 2	<b>Canada Day</b> 1 11am - Shuffleboard 11:30 - Canada Day Parade 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 5pm- Canada Day Theme Dinner	10am - Exercise Class with Andrea 2 	10am - Chair Yoga 3  1:30pm - Bingo	1:30pm - Chair Zumba 4 11:30am - Bob Williamson 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	1:30pm - Exercise Class with Deron 5  2pm - 2:30pm - Ice Cream Treats Available 3:30pm - Dominoes	1:30pm - Movie Matinee 6 Netflix Title: <i>Morning Glory Comedy</i> 
10:30am - Worship Service 7  1:30pm - Movie Matinee Netflix- Cable Girls S1 1 & 2	11am - Shuffleboard 8 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am- Grocery Shuttle Return Pickup at 11:30am 9 10am - Exercise Class with Andrea 6:45pm - Evening Entertainment by Stan Davis	10am - Chair Yoga 10  1:30pm - Bingo	10:30am - J.O.Y Group 11 Outing to: The Waddling Dog 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	11am - Active Minds 12 1:30pm - Exercise Class with Deron 1:30pm - P.A.T.S. Visit with Karen & Stella 3:30pm - Dominoes	1:30pm - Movie Matinee 13 Netflix Title: <i>As Good as it Gets Comedy</i> 
10:30am - Worship Service 14  1:30pm - Movie Matinee Netflix- - Cable Girls S1 3 & 4	11am - Shuffleboard 15 11am - Adult Colouring 1:30pm - Tai Chi with Adrian	10am - Exercise Class with Andrea 16 2pm- Peninsula Resident Birthday Tea Entertainment by Seabreeze	10am - Chair Yoga 17  1:30pm - Bingo	1:30pm - Chair Zumba 18 2pm - Knit & Chat -2FGR 3:30pm - Scrabble	10:30am- Men's Group 19 Outing to: The Waddling Dog 1:30pm - Exercise Class with Deron 2pm - 2:30pm - Ice Cream Treats Available -FSL 3:30pm - Dominoes	1:30pm - Movie Matinee 20 Netflix Title: <i>The Dig Heartfelt</i> 
10:30am - Worship Service 21  1:30pm - Movie Matinee Netflix- Cable Girls S1 5 & 6	11am - Shuffleboard 22 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am - Exercise Class with Andrea 23 2pm - Music with Maudie 3:30pm - Scenic Bus Drive	10am - Chair Yoga 24  1:30pm - Bingo	10am- Grocery Shuttle Return Pickup at 11:30am 25 11:30am - Bob Williamson 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 2:30pm - Men's Coffee & Chat Group at Norgarden 3:30pm - Scrabble 5pm- Hawaiian Theme Dinner	Olympics 26  10am - Exercise Class with Deron 1:30pm Hawaiian Dancers 3:30pm - Dominoes	1:30pm - Movie Matinee 27 Netflix Title: <i>Our Souls at Night Heartfelt</i> 
10:30am - Worship Service 28  1:30pm - Movie Matinee Netflix- Cable Girls S1 7 & 8	11am - Shuffleboard 29 11am - Adult Colouring 1:30pm - Tai Chi with Adrian 3pm - Art Class	10am - Hillside Mall 30 Return Pick up at 1:30pm 10am - Exercise Class with Andrea	9 am - Chemainus Theater Ticket Holder Bus Departs 31 10am - Chair Yoga	 The Peninsula Self-Serve Fireside Coffee Bar Open Daily from 11am - 3pm Cookies Available at 1pm 		<b>Location Key</b> MSDR: Main Street Dining Room FSL: Fireside Lounge 2FL: Second Floor Library 2FGR: Second Floor Games Room SP: Side Patio Activities will take place in the Side Street Dining Room unless otherwise noted.

