



May 2024



(MR) 2:00pm-3:00pm in the Multi-Purpose Room



I TIIIIUM WEST SHORE VILLAGE		* V * V *			AJ ZUZT					WEST SHORE VILLAGE		
(As a)		Sign Un Shoots		The Village Pub		Wednesday	1	Thursday 2	Friday 3		Saturday	4
<u>Location Key</u>		Sign-Up Sheets				9:30 Java Group	(L)	9:45 Balance & Core (Leah) (MR)	10:00 Stand & Fit (Josh) (M	1R) 10:00	Stand & Fit (Josh)	(MR)
(and a		\sim		<u>Happy Hour</u>		10:00 Weighted Exercises (Richelle)	(MR)	1:00 Rummikub (MR)	1:00 Tuck Shop Open (T	TS) 2:00	Opm-4:00pm Pub Happy Hour	(VP)
MR - Multipurpose Room TH - Theat		A star beside an activity or outi	•	Open every Wednesdays &		1:00 Tuck Shop Open	(TS)	6:00 Board Games (MR)	1:00 Knitting Crew (M	1R) 2:00	Movie Matinee:	(TH)
DR - Dining Room TS - Tuck S FL - Fireside Lounge VL - Village	•	this calendar indicates sign-u		Fridays 3:30pm-5:30pm	_	1:00 Bingo	(MR)		3:30pm-5:30pm Pub Happy Hour		"Carmen Jones"	
P - Back Patio LL - Lodge		required. The Activities billian		Saturdays 2:00pm-4:00pm	,	3:30pm-5:30pm Pub Happy Hour			6:00 Board Games (M	1R) 6:00	Board Games	(MR)
VP - Village Pub VC - Villag		yard building.	c main		.	6:00 Board Games	(MR)		6:30 Movie Night: (T	TH)		
CF - Cafe L - Library	/	C						FIRE	"Carmen Jones"			
	_			4 2 2			_	Monthly Fire Alarm Testing				
Sunday	5	Monday	6	Tuesday	7	Wednesday	8	Thursday 9	Friday 10)	Saturday	11
10:00 Pilates (Richelle)	(MR)	10:00 Chair Zumba (Richelle)	(MR)	9:45 Circuit Training (Leah)	(MR)	9:30 Java Group	(L)	9:45 Balance & Core (Leah) (MR)	10:00 Stand & Fit (Josh) (M	IR) 10:00	Stand & Fit (Josh)	(MR)
2:00 Movie Matinee:	(TH)	1:00 Tuck Shop Open	(TS)	1:30 Open Painting	(MR)	10:00 Chair Yoga (Richelle)	(MR)	10:00am-11:30am	1:00 Tuck Shop Open (T	TS) 2:00	Opm-4:00pm Pub Happy Hour	(VP)
"Carmen Jones"		1:00 Jacko	(MR)	2:00 National Geographic:	(TH)	1:00 Tuck Shop Open	(TS)	Walmart/Westshore Mall	1:00 Knitting Crew (M	1R) 2:00	Sing-a-Long Group	(MR)
2:00 Music with Mervin	(MR)	Activities with Brookes Westshore School Stu	\wedge	"The Lost World of the Maya"		1:00 Bingo	(MR)	1:00 Rummikub (L)	3:30pm-5:30pm Pub Happy Hour	2:00	Movie Matinee:	(TH)
Special Pub Happy Hour	irn.	3:30pm-4:30pm Session 1 (MR)		6:00 Board Games	(MR)	1:00 Bible Study	(L)	1:00 Salsa Dancing with Richelle (MR)	6:00 Board Games (M	IR)	"Mamma Mia 2"	
MAYO 3:30pm-4:30pm	YO	6:00 Board Games	(MR)			3:30pm-5:30pm Pub Happy Hour		Latin Music Entertainment: Edgar Y Los Amigos	6:30 Movie Night: (T	TH) 6:00	Board Games	(MR)
6:00 Board Games	(MR)	6:30 Special Movie Night:				MEXICAN FIESTA DINNER		2:00pm-3:00pm in the Dining Room	"Mamma Mia 2"			
		"Mexico: The Royal Tour" in the Village	Pub			During Regular Dinner Seatings	₩	6:00 Board Games (MR)				
Cinco De Mayo	1.0						(MR)					
Sunday	12	Monday	13	Tuesday	14	Wednesday	15	Thursday 16	Friday 17	7	Saturday	18
10:00 Pilates (Richelle)	(MR)	10:00 Ball & Band Exercise (Richelle)	(MR)	9:45 Circuit Training (Leah)	(MR)	9:30 Java Group	(L)	9:45 Balance & Core (Leah) (MR)	10:00 Stand & Fit (Josh) (M	1R) 10:00	Stand & Fit (Josh)	(MR)
Mother's Day Brunch		1:00 Tuck Shop Open	(TS)	2:00 National Geographic:	(TH)	10:00 Weighted Exercises (Richelle)	(MR)	1:00 Rummikub (MR)	1:00 Tuck Shop Open (T	TS) 2:00	Opm-4:00pm Pub Happy Hour	(VP)
During Regular Seatings		1:00 Jacko	(MR)	"From Baja to Patagonia"		1:00 Tuck Shop Open	(TS)	London Drugs Awareness Seminar	1:00 Knitting Crew (M	1R) 2:00	Movie Matinee:	(TH)
2:00 Movie Matinee:	(TH)	2:00 Culinary Meeting	(MR)	2:00 Blood Pressure Clinic	(MR)	1:00 Bingo	(MR)	2:00pm-3:00pm in the Multi-Purpose Room	3:30pm-5:30pm Pub Happy Hour		"The Young Victoria"	
Mamma Mia 2		Activities with Brookes Westshore School Stu	dents ^	6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hour		6:00 Board Games (MR)	6:00 Board Games (M	1R) 6:00	Board Games	(MR)
Special Pub Happy Hour		3:30pm-4:30pm Session 2 (MR)				6:00 Board Games	(MR)		6:30 Movie Night: (T	TH)		
3:30pm-4:30pm	L	6:00 Board Games	(MR)						"The Young Victoria"			
6:00 Board Games	(MR)											
Mother's Day	10	V 1	00		01	YTY 1 1	00	TT 1 00	T:1	4	0 . 1	0.5
Sunday	19	Monday	20	Tuesday	21	Wednesday	22	Thursday 23	Friday 24	1	Saturday	25
10:00 Pilates (Richelle)	(MR)	10:00 Chair Zumba (Richelle)	(MR)	9:45 Circuit Training (Leah)	(MR)	9:30 Java Group	(L)	9:45 Balance & Core (Leah) (MR)	10:00 Stand & Fit (Josh) (M	1R) 10:00	Stand & Fit (Josh)	(MR)
1:30 Open Painting		1:00 Tuck Shop Open	(TS)	2:00 National Geographic:	(TH)	10:00 Chair Yoga (Richelle)	(MR)	1:00 Rummikub (MR)	1:00 Tuck Shop Open (T	TS) 2:00	Opm-4:00pm Pub Happy Hour	(VP)
2:00 Movie Matinee:	(TH)	1:00 Jacko	(MR)	"Cleopatra's Lost Tomb"		1:00 Tuck Shop Open	(TS)	May Birthday Tea	1:00 Knitting Crew (M	1R) 2:00	Movie Matinee:	(TH)
"The Young Victoria"		Outing and Guided Tour at Hatley Castl	e	2:00 Resident Meeting	(DR)	1:00 Bingo	(MR)	2:00pm-3:00pm	3:30pm-5:30pm Pub Happy Hour		"Ford V Ferrari"	
6:00 Board Games	(MR)	2:15pm-4:45pm	W	6:00 Board Games	(MR)	1:00 Bible Study	(L)	with The Kingmixers Performing	6:00 Board Games (M	1R) 6:00	Board Games	(MR)
		6:00 Board Games	(MR)			3:30pm-5:30pm Pub Happy Hour		6:00 Board Games (MR)	6:30 Movie Night: (T	TH)		
						6:00 Board Games	(MR)		"Ford V Ferrari"			
SJ		Victoria Day		TD 1	00	W. J J O		TDI 1 90	E.:1			
Sunday	26	Monday	27	Tuesday	28		29	Thursday 30	Friday 31			
10:00 Pilates (Richelle)	`	10:00 Ball & Band Exercise (Richelle)	(MR)	9:45 Circuit Training (Leah)	, ,	9:30 Java Group	(L)	9:45 Balance & Core (Leah) (MR)	, ,		Happy Wall	
2:00 Movie Matinee:	(TH)		(TS)	2:00 National Geographic:	(TH)		(MR)	10:00am-11:30am		ΓS)		
"Ford V Ferrari"		1:00 Jacko	(MR)	"Lost World's of the Meditteranean"		1:00 Tuck Shop Open	(TS)	Walmart/Westshore Mall	1:00 Knitting Crew (M	IR)	Mothers **	
2:00 Travel Talk Series: Rudy V.	(MR)	2:00 Open Mic Afternoon	(MR)	6:00 Board Games	(MR)	•	(MR)	1:00 Rummikub (MR)	3:30pm-5:30pm Pub Happy Hour		Day K	
Spain, Portugal and Holland	**	6:00 Board Games	(MR)			3:30pm-5:30pm Pub Happy Hour		6:00 Board Games (MR)	6:00 Board Games (M			
6:00 Board Games	(MR)					Burger and Brew		"Spring Cleaning" Donations	6:30 Movie Night: (T	TH)		
						4:30pm-6:00pm in the Village Pub		Clothing Drive Drop off	"The Retirement Plan"			

6:00 Board Games