

ST. CHARLES MANOR

May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00am Walking Group 10:30am Basketball 1:00pm Bingo 3:00pm Reading Club	2 9:00am Walking Group 10:30am Volleyball 1:30pm Painting to Music with Ian 3:00pm Arts & Crafts	3 9:00am Walking Group 10:30am Weighted Movement With Anna 1:30pm Live Music With Eugene and Happy Hour 3:00pm Pool & Darts	4 9:00am Walking Group 10:30am Balloon Badminton 1:00pm Arts and Crafts 3:00pm Reading Club
5 10:30am Ball Toss 1:00pm Cinco De Mayo Bingo	6 10:30am Ball Toss 1:30pm Piano With Jesse	7 9:00am Walking Group 10:30am Seated Yoga With Anna 1:00pm Arts and Crafts 3:00pm Trivia	8 9:00am Walking Group 10:30am Basketball 1:30pm Bingo 3:00pm Reading Club	9 9:00am Walking Group 10:30am Volleyball 1:30pm Painting to Music with Ian 3:00pm Fresh Flower Arranging	10 9:00am Walking Group 10:30am Weighted Movement With Anna 1:30pm Live Music With Eugene and Happy Hour 3:00pm Pool & Darts	11 9:00am Walking Group 10:30am Balloon Badminton 1:00pm Reading Club 2:30pm Beauty Hour
12 10:30am Ball Toss 1:00pm Mother's Day Beauty Hour Happy Mother's Day!	13 10:30am Ball Toss 1:30pm Live Music with "The K Tones" - Rock	14 9:00am Walking Group 10:30am Seated Yoga With Anna 1:00pm Arts and Crafts 3:00pm Trivia	15 9:00am Walking Group 10:30am Basketball 1:30pm Bingo 3:00pm Reading Club	16 9:00am Walking Group 10:30am Volleyball 1:30pm Painting to Music with Ian 3:00pm Gardening	17 9:00am Walking Group 10:30am Weighted Movement With Anna 1:30pm Live Music With Eugene and Happy Hour 3:00pm Pool & Darts	18 9:00am Walking Group 10:30am Balloon Badminton 1:00pm Reading Club 2:30pm Board Game Cafe
19 10:30am Ball Toss 1:00pm Board Games	20 10:30am Ball Toss 1:30pm Live Music and Afternoon Tea Happy Victoria Day!	21 9:00am Walking Group 10:30am Seated Yoga With Anna 1:30pm Piano With Jesse 3:00pm Trivia	22 9:00am Walking Group 10:30am Basketball 1:30pm Bingo 3:00pm Reading Club	23 9:00am Walking Group 10:30am Volleyball 1:30pm Painting to Music with Ian 3:00pm Fresh Flower Arranging	24 9:00am Walking Group 10:30am Weighted Movement With Anna 1:30pm Live Music With Eugene and Happy Hour 3:00pm Pool & Darts	25 9:00am Walking Group 10:30am Balloon Badminton 1:00pm Reading Club 2:30pm Beauty Hour
26 10:30am Ball Toss 1:00pm Board Games	27 10:30am Ball Toss 1:30pm Live Music with "Key of E"	28 9:00am Walking Group 10:30am Seated Yoga With Anna 1:30pm Birthday Celebration with The Elderly Brothers 3:00pm Trivia	29 9:00am Walking Group 10:30am Basketball 1:30pm Bingo 3:00pm Reading Club	30 9:00am Walking Group 10:30am Volleyball 1:30pm Painting to Music with Ian 3:00pm Gardening	31 9:00am Walking Group 10:30am Weighted Movement With Anna 1:30pm Live Music With Eugene and Happy Hour 3:00pm Pool & Darts	

Rock - Rockland Lounge