

# Norgarden May 2024 Activities



| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|---|--|---|--|---|--|---|
|   | Teatime 2pm Daily<br>  |   | 11am - Chair Yoga 1<br>1pm - Bingo   | 11am - Exercise Class 2<br>1:30pm - Crafts  | 10am-12pm - Knit and Chat 3<br>1pm - TRIVIA  | 1:30pm- Suitcase Monkey - YouTube Travel Vlog 3 Days in Dublin 2024 20min |
| 10am - Worship Service 5<br>1:20pm - Peninsula Singers Ticket Holders Bus Departs | 10am - Exercise Class 6<br>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald  | 10am- Grocery Shuttle 7<br>Return Pickup at 11:30am                      1pm - Carpet Bowling<br>2:15pm - Social Cribbage | 11am - Chair Yoga 8<br>1pm - Bingo                      2:30pm - Guest Speaker Dean Mill's Talk Tanner the small Giant Pacific Octopus | 11am - Exercise Class 9<br>1:30pm - Crafts                      5:15pm - Cinco De Mayo Theme Dinner   | 2:30pm - Covid Booster Clinic 10<br>   | 1pm - 2pm Board Games - with Hoste Ingrid Shaw                            |
| Mother's Day 12<br>10am - Worship Service<br>5:15pm - Mother's Day Dinner         | 10am - Exercise Class 13<br>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald<br>3pm - Scenic Bus Drive                           | 10am- Norgarden Resident Meeting 14<br>1pm - Carpet Bowling<br>2:15pm - Social Cribbage                                   | 2pm- Norgarden Resident Birthday Tea Entertainment by Rymer & Wells  | 11am - Exercise Class 16<br>10am - J.O.Y Group Outing to: Jacks on the Water<br>1:30pm - Crafts                      2:30pm - Men's Coffee & Chat Group | 10am-12pm - Knit and Chat 17<br>12:45pm - TRIVIA                      2pm - Victorian Vogue Fashion Show   | 1pm - 2pm Board Games 18<br>  |
| 10am - Worship Service 19<br>   | Victoria Day 20<br>10am - Exercise Class<br>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald<br>5:15pm Victoria Day Theme Dinner | 10am - Hillside Mall 21<br>Return Pickup at 1:30<br>1pm - Carpet Bowling<br>2:15pm - Social Cribbage                      | 11am - Chair Yoga 22<br>1pm - Bingo  | 10am- Grocery Shuttle 23<br>Return Pickup at 11:30am                      11am - Exercise Class<br>1:30pm - Crafts                                      | 10am-12pm - Knit and Chat 24<br>10am - Gentlemen's Group Outing to: Jacks on the Water<br>1pm - TRIVIA                      2pm - PATS Visit with Karen & Stella | 2pm-Weekend Entertainment by Michael Majocho                              |
| 10am - Worship Service 26<br>   | 10am - Exercise Class 27<br>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald   | 1pm - Carpet Bowling 28<br>2:15pm - Social Cribbage   | 11am - Chair Yoga 29<br>1pm - Bingo  | 11am - Exercise Class 30<br>1:30pm - Crafts   | 10am-12pm - Knit and Chat 31<br>1pm - TRIVIA   |   |

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