




# Activity Calendar

							ACTIVITY VENUE
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			<b>1 MAY DAY</b> 9:30 Chair Exercise (TVL) 10:00 <b>Walk to Emily Carr House Historical Sites</b> 1:30 <i>Active Games:</i> Bowling with Prize (TVL) 3:00 <i>Board Game:</i> Jenga and Snake & Ladder (SR)	<b>2</b> 9:30 Chair Exercise (TVL) 10:15 Reading Circle: Mexican Heritage (TVL) 1:30 <b>BINGO</b> 3:00 Travel Nail Spa	<b>3 WORLD PRESS DAY</b> 9:30 Chair Exercise (TVL) 10:15 Word Game: Vocabulary Synonyms (SR) 2:00 Cindo De Mayo Happy Hour ft. <b>Danza Columbia and Van Figs</b> 		
<b>5 CINCO DE MAYO</b> 9:45 Active Game: Ring Toss (TVL) 10:15 Word Games (TVL) 11:15 Chair exercisers (TVL) 1:00 One to one visit 1:30 Livestream Church Service	<b>6</b> 9:45 Chair exercises (TVL) 10:15 Reading Circle (TVL) 10:45 Neighborhood Walk 1:00 One to one visit 2:00 <b>Live Music with Michael Majocho</b>	<b>7</b> 9:30 Chair Exercise (TVL) 10:15 <i>Walking Group:</i> Beacon Hill Park and Bird Feeding 1:30 <b>Baking:</b> Strawberry Cupcakes with Hot Chocolate Social (SR) 3:00 Armchair Travel to Mexico (BLR)	<b>8 VICTORY IN EUROPE DAY</b> 9:30 Chair Exercise (TVL) 10:15 Word Games: Spot the Difference (BLR) 1:30 <i>Art and Crafts:</i> Paint Birdhouses and Adult Coloring (SR) 3:00 Reminiscing about the 1960's (SR)	<b>9</b> 9:30 Chair Exercise (TVL) 10:15 Reading Circle: First Nation (TVL) 1:30 <b>BINGO</b> 3:00 Flower Arrangement (SR)	<b>10</b> 9:30 Chair Exercise 10:15 <i>Word Game:</i> Word Connection 2:00 Mother's Day Tea Party with Live Music ft. <b>Coloratura Musical Theaters and Mike &amp; Gillian</b> 	<b>11</b> 9:30 News and Views 10:30 Sing A-long with Tom Melady (TVL) 1:30 Movie and Popcorn: A river Runs Through It	
<b>12 MOTHER DAY / INTERNATIONAL NURSE DAY</b> 10:00 Live Stream Church Service (TVL) 1:30 Movie and Popcorn: Legends of the Fall	<b>13</b> 9:45 Chair Exercises TVL 10:15 (What's in a word) Gugenheimer (TVL) 10:45 Neighborhood Walk 1:00 Active Game: Giant Funnel Pong and Ring Toss (TVL)	<b>14</b> 9:30 Chair Exercise (TVL) 10:15 Active Game: Parachute and Balloon Toss (TVL) 1:30 Art and Crafts: Bottle Flower Painting (SR) 3:00 Board Game: Crazy 8 (SR)	<b>15 INTL. DAY OF FAMILIES</b> 10:00 <b>BC Aviation Museum with Handy Dart</b> 1:30 Name that Tune. 3:00 Hot Chocolate and Doughnut Social	<b>16</b> 9:30 Chair Exercise 10:15 Reading Circle: Universe 1:30 <b>BINGO</b> 3:00 <i>Board Game:</i> Tic-Tac-Toe and Snake & Ladder	<b>17</b> 9:30 Chair Exercise 10:15 Word Games: Country with Clues 2:00 <b>Happy Hour and Live Music with Jan Randall</b>	<b>18 INTL. MUSEUM DAY</b> 9:30 News and Views 10:15 <b>Yoga with Anna Ghatt</b> 1:30 Movie and Popcorn: The Godfather	
<b>19 KEN</b> 9:45 Chair Exercises (TVL) 10:15 Reading Group (TVL) 10:45 Active Game: Bowling (TVL) 1:00 One to one visit 1:30 Livestream Church Service (TVL)	<b>20 VICTORIA DAY</b> 9:45 Victoria Day Parade (TVL) 10:30 Walking Group: Ocean View 11:30 Sing along with Susie Q (TVL) 01:00 Active Game: Beach Ball Toss (TVL)	<b>21</b> 9:30 Chair Exercise (TVL) 10:15 <i>Walking Group:</i> Beacon Hill Park and Bird Feeding 1:30 <b>Baking:</b> Pumpkin Cake with Hot Chocolate Social (TVL) 3:00 Jigsaw Puzzle and Reminiscing (SR)	<b>22</b> 9:30 Chair Exercise (TVL) 10:15 Active Game: Parachute and Balloon Toss (TVL) 1:30 Active Game: Croquet (TVL) 3:00 Adult Coloring (SR)	<b>23</b> 9:30 Chair Exercise (TVL) 10:15 Reading Circle: Queen Elizabeth (TVL) 1:30 <b>BINGO</b> 3:00 One to one Visit	<b>24</b> 9:30 Chair Exercise (TVL) 10:15 Word Game: Fun Riddles and Trivia (SR) 2:00 <b>Happy Hour and Live Music with Michael Majocho (TVL)</b>	<b>25</b> 9:30 News and Views 10:30 Sing A-long with Keeley May (TVL) 1:30 Movie and Popcorn: The Irishman	
<b>26</b> 9:45 Chair Exercises (TVL) 10:15 Reading Circle (TVL) 11:00 Active Game: Ring Toss (TVL) 1:00 One to one visit 1:30 Livestream Church Services (TVL)	<b>27</b> 9:45 What's in a Word (TVL) 10:15 Walking Group 11:30 Active Game: Horseshoes (TVL) 1:00 Active Game: Ring Toss (TVL) 2:00 <b>Live Music with Michael Majocho</b>	<b>28</b> 9:30 Chair Exercise (TVL) 10:15 What's in the Box (TVL) 1:30 Fruit and Veggie Sensory Kit 2:30 Active Games: Egg Tray Ball Bounce with Prizes (TVL)	<b>29</b> 10:00 <b>Window Shopping at Hillside Mall with Handy Dart</b> 1:30 Art and Crafts: Painted Rocks (SR) 3:00 Reminiscing with Hot Chocolate Social (SR)	<b>30 CORPUS CHRISTI</b> 9:30 Chair Exercise 10:15 Reading Circle: Up We Grow 1:30 <b>BINGO</b> 3:00 Travel Nail Spa	<b>31 WORLD NO TOBACCO DAY</b> 9:30 Chair Exercise (TVL) 10:15 Word Game: Unscramble Word and Give me three things (TVL) 2:00 <b>Birthday Party and Live Music with Lonnie Glass</b>		

Activities are subject to change.