

# May 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY


• **Activities may adjust as needed**

10:30 Exercise 1  
11:30 Sudoku & math games  
1:30 Balloon Volleyball

10:30 Qi Gong 2  
11:30 Plant in Garden  
1:30 Mini Golf

Kentucky Derby 3  
10:30 Derby Hats  
11:30 Zumba  
1:30 Horse Races

4

Cinco de Mayo 5  
  
Music with Casey  
2pm

Mexico Social 6  
10:30 Pinata  
11:30 Mariachi movement  
2:00 Picture Bingo

7  
10:30 Cherry in DR2  
11:30 Small Group -minute to win it  
2 pm Jeopardy

Victory in Europe 8  
10:30 Parachute  
11:30 Discussion  
1:30 Craft - Favors

10:30 Qi Gong 9  
11:30 Decorating  
2pm Mother's Day Tea Party  
\*Families welcome

10  
10:30 Bird Feeders -Building/B. Songs  
11:30 Zumba  
2pm Happy Hour

11  
Migratory Bird Day 

Mother's Day 12  
Music with Jack  
2pm

13  
10:30 Bird craft  
11:30 Exercise  
World Cocktail Day  
2pm Mocktail hour

Independence 14  
Day – Paraguay  
10:30 Armchair Tr.  
11:30 Flower Art  
2pm Table Games

15  
10:30 Table Hockey  
11:30 Hockey Trivia (Play offs)  
2 pm Music Bingo

Wear Purple for Peace Day 16  
10:30 Peace Art  
11:30 Drumstick movement  
2pm 1on1 or Van


Nat. Day/Norway 17  
10:30 Armchair Travel: Norway  
11:30 Zumba  
2pm Garden Time


18

19  
Music with Casey  
2pm

20  
  
'No activities'

World Tea Day 21  
10:30 Tea tasting  
11:30 Trivia  
2 pm Music Bingo

Biological Diversity Day 22   
10:30 Discussion  
11:30 Strength Ex.  
2 pm Outdoor Volleyball

World Turtle Day 23   
10:30 Armchair Travel with Turtle  
11:30 Turtle Art  
2pm 1on1 or Van

24  
10:30 Scavenger Hunt  
11:30 Zumba  
2pm Wine Tasting

Wine Day 25

26  
Music with Sadie  
2pm

27  
10:30 Crafty Corner  
11:30 Exercises  
2 pm Bingo

28  
10:30 Tree ID & Art  
11:30 Qi Gong  
2 pm Outdoor Bocce Ball

World Otter Day 29  
10:30 Otter Craft  
11:30 Trivia  
2pm Outdoor Balloon Volleyball

Water a Flower Day 30  
10:30 Garden time  
11:30 Concrete mushrooms  
2pm 1on1 or Van

Macaroon Day 31  
10:30 Coconut Macaroon Bake  
11:30 Zumba  
2pm Birthday Party

