











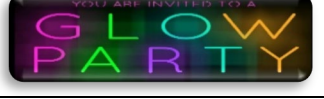

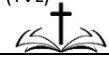








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
	<p>1 APRILS FOOLS DAY/ EASTER MONDAY 9:30 Chair Exercise (TVL) 10:15 Reading Circle (TVL) 1:30 Live Music with Ian Johnston (TVL) 3:00 Jigsaw Puzzle (SR)</p>	<p>2 9:30 Chair Exercise (TVL) 10:15 Walking Group 1:30 Baking: Lemon Blueberry Cupcake with Hot Chocolate Social (SR) 3:00 Board Games: Crazy 8 and Snake and Ladder (TVL)</p>	<p>3 9:30 News and View (TVL) 10:30 Music Concert by Frank Sinatra (TVL) 1:30 Movie and Popcorn: The Boys in the Band (BLR)</p> 	<p>ACTIVITY VENUE TVL – TV Lounge MDR – Main Dining Room BLR – Back Living Room SR – Sunroom BP – Backyard Patio</p> <p>4 NATL. HUG A NEWPERSON DAY 9:30 Chair Exercise (TVL) 10:00 Butterfly Corner Daycare meet and greet with the Residents. (TVL) 1:30 BINGO (TVL) 3:00 Spring Adult Coloring (SR)</p> 	<p>5 9:30 Chair Exercise (TVL) 10:15 Word Games (BLR) 1:30 Happy Hour and Live Music with Michael Majoche (TVL) 3:00 Group iPad Games (BLR)</p>	<p>6 TARTAN DAY 9:30 News and View (TVL) 10:30 Sing A-long with Suzie Q (TVL) 1:30 Jigsaw Puzzle (SR)</p>
<p>7 NATL. BEER DAY 10:00 Chair Exercise (TVL) 10:35 National Beer Day Presentation (TVL) 11:00 Stream Church Service (TVL) 1:15 1:1 Afternoon Walk</p> 	<p>8 10:00 Chair Exercise (TVL) 10:35 Concentration Game (TVL) 11:00 Walking Group 1:15 One to one visit</p>	<p>9 VIMY RIDGE DAY 9:30 Chair Exercise (TVL) 10:15 Art and Crafts: DIY Spring Bonnet (TVL) 2:30 Gardening with Art (BP) 3:00 Active Games: Egg Tray Ball Bounce with Prizes (TVL)</p> 	<p>10 NATL. SIBLINGS DAY 10:00 Window Shopping at Hillside Mall with Handy Dart 1:30 Travel Nail Spa (TVL) 2:30 Conversation Catch (BLR)</p> 	<p>11 9:30 Chair Exercise (TVL) 10:15 Name that Tune (TVL) 1:30 MUSIC! 3:00 Board Game: Tic-Tac-Toe (TVL)</p> 	<p>12 9:30 Chair Exercise (TVL) 10:15 Word Games and Spot the Difference (SR) 1:30 Happy Hour and Live Music with Jan Randall (TVL) 3:00 Board Game: Jenga (TVL)</p>	<p>13 9:30 News and View (TVL) 10:30 Sing A-long with Tom Melady (TVL) 1:30 Movie and Popcorn: The Dark Side of the Food Industry (BLR)</p> 
<p>14 9:30 Heart for Music (TVL) 1:30 Stream Church Service (TVL)</p> 	<p>15 9:30 Sing A-long with Alan Mann (TVL) 10:15 Jigsaw Puzzle (SR) 1:30 Movie and Popcorn: Old Dads (BLR)</p> 	<p>16 9:30 Chair Exercise (TVL) 10:15 Walking Group (TVL) 1:30 Baking: Making your own Pizza Toast with Hot Chocolate Social (TVL) 3:00 Board Game: Card and Chess (TVL)</p>	<p>17 NATL. CANADIAN FILM DAY 10:00 CFB Esquimalt Naval Museum with Handy Dart 1:30 Jokes to share and Word Search (SR)</p> 	<p>18 9:30 Chair Exercise (TVL) 10:15 Active Game: Parachute and Balloon Toss (TVL) 1:30 BINGO 3:00 DIY Outdoor Croquet (TVL)</p> 	<p>19 9:30 Chair Exercise (TVL) 10:00 Word Games (TVL) 2:30 Glow in the Dark Disco Party with DJ Rodney Mack (MDR)</p> 	<p>20 9:30 News and View (TVL) 10:30 Sing A-long with Keeley May (TVL) 1:30 Movie and Popcorn: The Secret Nasa Transmission (BLR)</p> 
<p>21 WORLD CREATIVE AND INNOVATION DAY 10:00 Chair Exercise (TVL) 10:35 World Creative and Innovation Day Presentation (TVL) 11:00 Stream Church Service (TVL) 1:15 Active Game: Bowling (TVL)</p> 	<p>22 EARTH DAY & ST. GEORGE DAY 10:00 Chair Exercise (TVL) 10:35 What's in a Word (SR) 11:00 Walking Group 1:15 Active Games: Ring Toss (TVL)</p>	<p>23 ENGLISH LANGUAGE DAY 9:30 Chair Exercise (TVL) 10:15 Walking Group 1:30 Art and Crafts: 3D Spring Flower (SR) 3:00 Jigsaw Puzzle (SR)</p>	<p>24 9:30 Chair Exercise (TVL) 10:15 Reading Circle (TVL) 1:30 Armchair Travel to Scotland and Trivia (BLR) 3:00 Board Games: Crazy 8 and Snake and Ladder (BLR)</p> 	<p>25 9:30 Chair Exercise (TVL) 10:15 Art and Crafts: DIY-Stained Glass (TVL) 1:30 BINGO 3:00 Sensory Games: Garden Inspired Sensory Kit (TVL)</p> 	<p>26 9:30 Chair Exercise (TVL) 10:15 Word Games (SR) 1:30 Birthday Party and Live Music with Mike and John (TVL) 3:00 Pictionary (SR)</p> 	<p>27 9:30 News and View (TVL) 10:30 Classical Concert by Chicago Symphony Orchestra (TVL) 2:30 FIL-CAN SDA Church – Music Choir</p> 
<p>28 9:30 Heart for Music (TVL) 1:30 Stream Church Service (TVL)</p> 	<p>29 9:30 Sing A-long with LindiMoo Moosic (TVL) 1:30 Live Music with Ian Johnston (TVL)</p>	<p>30 NATL. JAZZ DAY 9:30 Chair Exercise (TVL) 10:15 Walking Group 1:30 Baking: Lemon Bars with Shortbread Crust with Hot Chocolate Social (TVL) 3:00 Movie and Pop Corn: A Jazzman's Blue (BLR)</p> 	<p>31 9:30 Chair Exercise (TVL) 10:15 Active Games: Balloon Toss/ Trivia (TVL) 1:30 Jigsaw Puzzle (SR) 3:00 Reminiscing about Spring (SR)</p>			