

Norgarden February 2024 Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>IN A WORLD WHERE YOU CAN BE ANTHING</p>	<p>11am – Exercise Class 1</p> <p>1:30pm – Crafts </p>	<p>10am-12pm - Knit and Chat </p> <p>1pm – TRIVIA </p>	<p>1:30pm - Movie Matinee 3 DVD Title: <i>Scenic Walks Around The World China- The Great Wall</i></p>	
<p>10am - Worship Service 4 </p> <p>12:30 - 2pm Rummoli</p>	<p>10am - Exercise Class 5 </p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>10am-Grocery Shuttle 6 <u>Return Pickup at 11:30am</u> </p> <p>1pm - Carpet Bowling</p> <p>2:15pm – Social Cribbage </p>	<p>11am - Chair Yoga 7</p> <p>1pm – Bingo </p>	<p>10:30am – J.O.Y Group 8 Outing to: 10 Acres</p> <p>11am – Exercise Class 24 </p> <p>1:30pm – Crafts</p> <p>5pm - Chinese New Year Theme Dinner Year of the Dragon</p>	<p>10am-12pm - Knit and Chat 9</p> <p>1pm – TRIVIA </p> <p>2pm –Sidney Scooters Inservice </p>	<p>1:30pm - Movie Matinee 10 DVD Title: <i>The Legend of Zorro</i></p>
<p>10am - Worship Service 11 </p> <p>12:30 - 2pm Rummoli</p>	<p>10am - Exercise Class 12</p> <p>10am – <u>Mayfair Mall</u> Return Pick up at 1:30pm</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 13</p> <p>2:15pm – Social Cribbage</p> <p>3:30pm - <u>Scenic Bus Drive</u> </p>	<p>Valentine's Day 14 </p> <p>11am - Chair Yoga</p> <p>1pm – Bingo</p> <p>5:15pm – Valentine's Day Theme Dinner</p>	<p>11am – Exercise Class 15</p> <p>1:30pm – Crafts</p> <p>2:30pm – Men's Coffee Talk at Norgarden </p>	<p>10am- Gentlemen's 16 <u>Group Outing to: Four Mile Pub</u></p> <p>10am-12pm - Knit and Chat</p> <p>1pm – TRIVIA </p>	<p>2pm - Entertainment 17 by Michael Majocho On Guitar </p>
<p>10am - Worship Service 18 </p> <p>12:30 - 2pm Rummoli</p>	<p>Family Day 19</p> <p>10am - Exercise Class</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 20 </p> <p>2:15pm – Social Cribbage</p>	<p>2pm-Resident Birthday Tea 21</p> <p>Entertainment by Seabreeze </p>	<p>10am- Grocery Shuttle 22 <u>Return Pickup at 11:30am</u> </p> <p>11am – Exercise Class</p> <p>1:30pm – Crafts</p>	<p>10am-12pm - Knit and Chat 23</p> <p>1pm – TRIVIA </p> <p>2pm – Visit with Stella P.A.T. S </p>	<p>1:30pm - Movie Matinee 24 Netflix Title: <i>MAESTRO</i></p>
<p>10am - Worship Service 25 </p> <p>12:30 - 2pm Rummoli</p>	<p>10am - Exercise Class 26 </p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 27 </p> <p>2:15pm – Social Cribbage</p>	<p>Pink Shirt Day 28 </p> <p>11am - Chair Yoga</p> <p>1pm – Bingo</p>	<p>11am – Exercise Class 29 </p> <p>1:30pm – Crafts</p>	<p> Teatime 2pm Mon- Friday & Sundays</p>	