
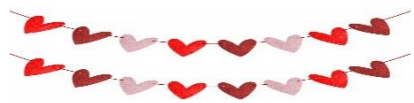










# Activity Calendar

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1 BLACK HISTORY MONTH</b> 9:30 Chair Exercise 10:15 Active Games: Bowling 1:30 Valentines Tree Crafts 3:00 <i>Home Decoration</i> 	<b>2</b> 9:30 Chair Exercise 10:15 Word Games 1:30 <b>Happy Hour</b> Live Music with <u>Luke</u> 3:00 Jenga	<b>3</b> 10:00 News and Views 1:30 Puzzle Board Game 3:00 Reminiscing
<b>4</b> 10:00 <b>Yoga with Anna</b> 1:30 Stream Church Service 3:00 Heart for Music 	<b>5</b> 9:30 Chair Exercise 10:15 Reading Circle 1:30 <b>Live Music with Ian</b> 3:00 Movie and Popcorn: "Rescue by Ruby" 	<b>6</b> 9:30 Chair Exercise 10:15 Active Games: Ring Toss 1:30 Walking Group	<b>7</b> 9:30 Chair Exercise 10:15 Word Games 1:30 <b>Baking</b> Brownie Kiss Cupcake with Hot Chocolate Social 3:00 Jokes to Share	<b>8</b> 9:30 Chair Exercise 10:15 Reading Circle 1:30 <b>BINGO</b> 3:00 Travel Nail Spa	<b>9</b> 9:30 Chair Exercise 10:15 Word Games 1:30 <b>Happy Hour</b> Live Music with <u>Jesse</u> 3:00 Egg Tray Ball Bounce	<b>10 LUNAR NEW YEAR</b> 10:00 News and Views 1:30 Puzzle Board Game 3:00 Reminiscing
<b>11</b> 10:30 Stream Church Service 1:30 Heart for Music	<b>12</b> 9:30 Chair Exercise 10:15 Name that Tune 1:30 Walking Group 3:00 1:1 Visit	<b>13</b> 9:30 Active Games: Balloon Toss 10:15 Scent Guessing 1:30 <b>Yoga with Anna</b> 3:00 Armchair to Travel: Paris, France 	<b>14 VALENTINES DAY</b> 9:30 Chair Exercise 10:15 Word Game 2:00 <b>Valentines Tea Party and Live Music with Van Figs</b> 	<b>15 NATIONAL FLAG OF CANADA</b> 9:30 Chair Exercise 10:15 Reading Circle 1:30 <b>BINGO</b> 3:00 String Art Painting	<b>16</b> 9:30 Chair Exercise 10:15 Word Games 1:30 <b>Happy Hour</b> Live Music with <u>Jesse</u> 3:00 Jenga	<b>17</b> 10:00 News and Views 1:30 Puzzle Board Game 3:00 Reminiscing
<b>18</b> 10:00 <b>Yoga with Anna</b> 1:30 Stream Church Service 3:00 Heart for Music 	<b>19 FAMILY DAY B.C.</b> 9:30 Chair Exercise 10:15 Active Games: Bin Bag Toss 1:30 1:1 Afternoon Walk 3:00 1:1 Hand Massage	<b>20</b> 9:30 Chair Exercise 10:15 Reading Circle 1:15 Walking Group 3:00 Movie and Popcorn: "Inside the Mind of a Cat" 	<b>21</b> 9:30 <b>Baking</b> Banana Muffins with Hot Chocolate Social 11:00 Conversation Catch 1:30 <b>Yoga with Anna</b> 3:00 Board Games 	<b>22</b> 9:30 Chair Exercise 10:15 Active Games: Dart & Throw Paper in the Bin 1:30 <b>BINGO</b> 3:00 Adult Coloring	<b>23</b> 9:30 Chair Exercise 10:15 Reading Circle 1:30 <b>Birthday Party and Live Music with Luke</b> 3:00 Matching Games 	<b>24</b> 10:00 News and Views 1:30 Puzzle Board Game 3:00 Reminiscing
<b>25</b> 10:30 Stream Church Service 1:30 Heart for Music	<b>26</b> 9:30 Chair Exercise 10:15 Name that Tune 1:30 <b>Live Music with Two Among Friends</b> 3:00 Board Games	<b>27</b> 9:30 Chair Exercise 10:15 Active Game: Parachute 1:30 Walking Group 3:00 1:1 Visit	<b>28</b> 9:30 Chair Exercise 10:15 Word Games 1:30 Sensory Game: Guess What Inside the Box 3:00 1:1 Hand Massage	<b>29</b> 9:30 Chair Exercise 10:15 Reading Circle 1:30 <b>BINGO</b> 3:00 Travel Nail Spa		

Activities are subject to change.

