

October 4, 2021

Dear Friends and Families of Trillium Communities

Dementia is not a specific disease but is rather a general term for the impaired ability to remember, think or make decisions that interferes with completing everyday activities. While Alzheimer's disease is the most common type of dementia, there are many types of dementia and they are experienced differently by different people.

Enter, **DementiAbility!**

DementiAbility is a philosophy of care that places emphasis on an environment that enriches, engages and supports the body mind and spirit. The **DementiAbility** goal is to engage each person in all aspects of daily life, meeting them where they're at and supporting where and how they need support. Enabling our residents abilities according to needs, interests, preferences, habits, strengths and skills is the focus of **DementiAbility** and I'm incredibly proud to announce that Trillium Communities has embraced the **DementiAbility** philosophy!

Twila Thomson is the Executive Director of Trillium Communities St Charles Manor and is the first long term care Executive Director in Canada to be **DementiAbility** certified! Twila and her staff have completed the **DementiAbility** training program and are rolling out **DementiAbility** programming at St Charles Manor and across all our long-term care homes.

Twila was interviewed about **DementiAbility** – click [here](#) to listen and if you have questions or comments, we'd love to hear from you!

Sincerely,

Kris Coventry
Trillium Communities
Chief Operating Officer