



# FEBRUARY 2023



Black History Month				Wednesday 1	Thursday 2	Friday 3	Saturday 4
<p><b>Black History Month</b></p> <p>Black History Month was created to focus attention on the contributions of African Americans to North America. It honors all Black people from all periods of U.S. history, from the enslaved people first brought over from Africa in the early 17th century to African Americans living in the USA and Canada today.</p>				9:30 Java Group 1 (L) 10:00 Weighted Exercises (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 1:00 Rummikub (MR) 2:00pm - 3:30pm ★ (MR) <i>Valentines Craft Corner</i> 6:00 Board Games (MR)	10:00 Sit & Fit - Virtual (MR) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 3:30-4:30pm Student Piano Practice 6:00 Board Games (MR) 6:30 Movie Night: (TH) <i>"Hidden Figures"</i>	9:15 Sit & Fit - Virtual (MR) 10:00 Advanced Fit - Virtual (MR) 2:00 Movie Matinee: (TH) <i>"Hidden Figures"</i> 3:00 Shuffleboard & Darts (VP) 6:00 Board Games (MR)
Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11	
9:00 Virtual Fit with Shannon (MR) 10:00 Standing Fit - Charissa (MR) 2:00 Movie Matinee: (TH) <i>"Hidden Figures"</i> 3pm-4pm Music with Marvin (MR) 6:00 Board Games (MR) <b>World Nutella Day</b>	10:00 Blood Pressure Clinic (MR) 10:00 Ball & Band Exercise (MR) 10:30 Java Group 2 (L) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) 3:00 Music Bingo (MR) 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 10am-11am PATS with Joan & Mattie 2:00 TV Series: (TH) <i>"Great British Castles"</i> 1:00pm Catholic Mass in the Library Couples Dinner 5:00pm-6:00pm in the VP	9:30 Java Group 1 (L) 10:00 Weighted Exercises (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) 2:30 Documentary Film (TH) <i>"13th"</i> 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 10:00am-11:30am ★ <b>Walmart/Westshore Mall</b> 1:00 Rummikub (MR) 3:00 Jeopardy (VP) 6:00 Board Games (MR)	10:00 Tai Chi - Virtual (MR) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 3:30-4:30pm Student Piano Practice 6:00 Board Games (MR) 6:30 Movie Night: (TH) <i>"The Last Laugh"</i>	9:15 Sit & Fit - Virtual (MR) 10:30 Stand & Fit - Virtual (MR) 2:00 Movie Matinee: (TH) <i>"The Last Laugh"</i> 3:00 Shuffleboard & Darts (VP) 6:00 Board Games (MR)	
Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18	
9:00 Virtual Fit with Shannon (MR) 10:00 Standing Fit - Virtual (MR) 1:30 Open Painting (MR) 6:00 Board Games (MR) 2:00 Movie Matinee: <i>"The Last Laugh"</i> <b>Superbowl Sunday</b> <i>Streaming in the Village Pub 3pm</i>	10:00 Chair Zumba (MR) 10:30 Java Group 2 (L) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) 2:00 Activities Meeting (MR) 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 1:00 Movie Matinee (TH) <i>"The Titanic"</i> Valentines Reception 3:30pm - 4:30pm with Jesse Brown Followed by a "lovely" dinner 6:00 Board Games (MR)	9:30 Java Group 1 (L) 10:00 Weighted Exercises (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) 3:00pm - 4:00pm ★ (MR) <i>Craft Corner: Mardi Gras Mask</i> 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 1:00 Rummikub (MR) 1:00pm - 3:30pm Outing <b>Robert Bateman Exhibit</b> ★ 6:00 Board Games (MR)	10:00 Tai Chi - Virtual (MR) 1:00 Knitting Crew (MR) 3:30-4:30pm Student Piano Practice 6:00 Board Games (MR) 6:30 Movie Night: (TH) <i>"The Vow"</i> <b>Random Acts of Kindness Day</b>	9:15 Sit & Fit - Virtual (MR) 10:30 Stand & Fit - Virtual (MR) 2:00 Movie Matinee: (TH) <i>"The Vow"</i> 3:00 Shuffleboard & Darts (VP) 6:00 Board Games (MR)	
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25	
9:00 Virtual Fit with Shannon (MR) 10:00 Standing Fit - Charissa (MR) 2:00pm-4:00pm ★ <b>Brookes High School</b> 2:00 Movie Matinee: (TH) <i>"The Vow"</i> 6:00 Board Games (MR)	10:00 Ball & Band Exercise (MR) 10:30 Java Group 2 (L) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 10am-11am PATS with Joan & Mattie 2:00 TV Series: (TH) <i>"Great British Castles"</i> 2:00 Music Bingo (MR) 6:00 Board Games (MR)	9:30 Java Group 1 (L) 10:00 Weighted Exercises (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 1:00 Rummikub (MR) 2pm - February <b>Birthday Tea</b> <i>The K-Tones</i> 6:00 Board Games (MR)	10:00 Tai Chi - Virtual (MR) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 3:30-4:30pm Student Piano Practice 6:00 Board Games (TH) 6:30 Movie Night: (TH) <i>"12 Years a Slave"</i>	9:15 Sit & Fit - Virtual (MR) 10:30 Stand & Fit - Virtual (MR) 2:00 Movie Matinee: (TH) <i>"12 Years a Slave"</i> 3:00 Shuffleboard & Darts (VP) 6:00 Board Games (MR)	
Sunday 26	Monday 27	Tuesday 28	<b>Location Key</b> MR - Multipurpose Room TH - Theatre DR - Dining Room TS - Tuck Shop FL - Fireside Lounge VL - Village Lobby HS - Hair Salon LL - Lodge Lobby VP - Village Pub VC - Village Courtyard CF - Cafe L - Library				
9:00 Virtual Fit with Shannon (MR) 10:00 Advanced Fit - Virtual (MR) 1:30 Egypt Slideshow (MR) 2:00 Movie Matinee: (TH) <i>"12 Years a Slave"</i> 6:00 Board Games (MR)	10:00 Advanced Fit - Virtual (MR) 10:30 Java Group 2 (L) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) 2:00 Resident Meeting (DR) 6:00 Board Games (MR)	9:45 Exercise with Leah (MR) 10am-11am PATS with Joan & Mattie 2:00 TV Series: (TH) <i>"Great British Castles"</i> 6:00 Board Games (MR)	<b>Sign Up Sheets</b> You will see a star beside the activity or outing on this calendar if sign-up is required. Activities binder is located by Village elevator.				
			<b>Tuck Shop</b> Our Village Tuck Shop is open every Monday, Wednesday and Friday afternoons from 1:00pm - 2:00pm <i>*Sometimes it doesn't fit on the scheduled day*</i>				