

May 2023 Craigdarroch Care Home Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Jackie's Birthday 1:1 Walks Outside Exercises on YouTube BINGO & Tea Classic TV show 1	1:1 Resident Time 1:1 Outside Time Tea & Trivia Documentaries 2	1:15 Music with Ian Exercises on YouTube 1:1 Reminiscing Tea & Trivia Comedy TV show 3	1:15 Music with Casey Strength and Stretch Short Stories Tea & Trivia Documentaries 4	1:30 Winnie on Flute 1:1 Resident Time Tea & Current Events KARAOKE and Snacks Classic TV Show 5	Exercise with Jesse 1:1 Outside Activity 1:1 Reminiscing Tea & Music Family Movie 6
130 Two Among Friends Hymn Sing on YouTube 1:1 Resident Visits Tea & News Musical Movie 7	1:1 Walks Outside Exercises on YouTube BINGO & Tea Classic TV show 8	1:15 Music with Kate 1:1 Resident Time Strength and Stretch Tea & Trivia Documentaries 9	1:15 Music with Ian Exercises on YouTube 1:1 Reminiscing Tea & Trivia Comedy TV show 10	Strength and Stretch Short Stories Tea & Trivia Documentaries 11	1:1 Resident Time Chair Dancing Tea & Trivia KARAOKE and Snacks Classic TV Show 12	Exercise with Jesse 1:1 Outside Activity 1:1 Reminiscing Tea & Music Family Movie 13
MOTHER'S DAY Family Afternoon Tea 1:1 Resident Visits Hymn Sing on YouTube Musical Movie 14	Garden Time 1:1 Walks Outside Exercises on YouTube BINGO & Tea Classic TV Show 15	PURPLE DAY FOR PEACE 1:1 Resident Time 1:1 Outside Time Tea & Trivia Documentaries 16	1:15 Music with Ian Exercises on YouTube 1:1 Reminiscing Tea & Trivia Comedy TV show 17	1:15 Music with Casey Strength and Stretch Short Stories Tea & Trivia Documentaries 18	National Plant a Vegetable Garden 1:30 Winnie on Flute Tea & Current Events KARAOKE and Snacks Classic TV Show 19	Exercise with Jesse 1:1 Outside Activity 1:1 Reminiscing Tea & Music Family Movie 20
Exercises with Jesse Hymn Sing on YouTube 1:1 Resident Visits Tea & News Musical Movie 21	Victoria Day 130 Two Among Friends 1:1 Walks Outside Exercises on YouTube BINGO & Tea Classic TV Show 22	1:15 Music with Kate 1:1 Resident Time 1:1 Outside Time Tea & Trivia Documentaries 23	National Scavenger Hunt Day 1:15 Music with Ian 1:1 Reminiscing Tea & Trivia Comedy TV show 24	1:15 Music with Casey Strength and Stretch Short Stories Tea & Trivia Documentaries 25	Garden Time Chair Dancing Tea & Current Events KARAOKE and Snacks Classic TV Show 26	Exercise with Jesse 1:1 Outside Activity 1:1 Reminiscing Tea & Music Family Movie 27
Exercises with Jesse Hymn Sing on YouTube 1:1 Resident Visits Tea & News Musical Movie 28	Garden Time 1:1 Walks Outside Exercises on YouTube BINGO & Tea Classic TV Show 29	Garden Time 1:1 Resident Time 1:1 Outside Time Tea & Trivia Documentaries 30	1:15 Music with Ian Exercises on YouTube 1:1 Reminiscing Tea & Trivia Comedy TV show 31			